

# A study of the problems faced by sportsmen in secondary and higher secondary schools in rural areas

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## Introduction:

Secondary, Higher Secondary education is the education after primary education and before college education. Yes, students in secondary, higher secondary school are in the age group of 14 to 18. Children in this age group are attentive and curious. They have different interests. They acquire knowledge through education. Ability to show, motivation is created in them. Imitation, action, encouragement, etc. take place. While doing secondary and higher secondary education, knowledge, comprehension and application are happening at various levels in their lives for family, society, friends etc. There are various problems for education about physical education in schools. Athletes face problems at various levels like sports materials, ground, lack of sports guides, family environment, financial, social factors etc. in schools. There is a need to implement activities at various levels to solve the problem as well as to generate the interest of the players.

## Abstract:

Secondary and higher secondary school athletes in rural areas face various problems it is necessary to solve the problem at the level of facilities, playground, sports guide, family, society etc. The researchers used the survey method and selected 300 sportsmen from 15 secondary and higher secondary schools in Daund Taluka to collect, analyze and interpret the data. 35 percent of players report that grounds are maintained during tournaments only. While 16% of players vote that it is maintained once a week from this we can say there are a lot of problems about the field, there are problems with all the materials, lack of proper guidance, proper leadership, lack of player coordination, etc. Regarding the lack of facilities, lack of ground arrangements, insufficient sports materials, lack of proper guides, etc.

## Objectives:-

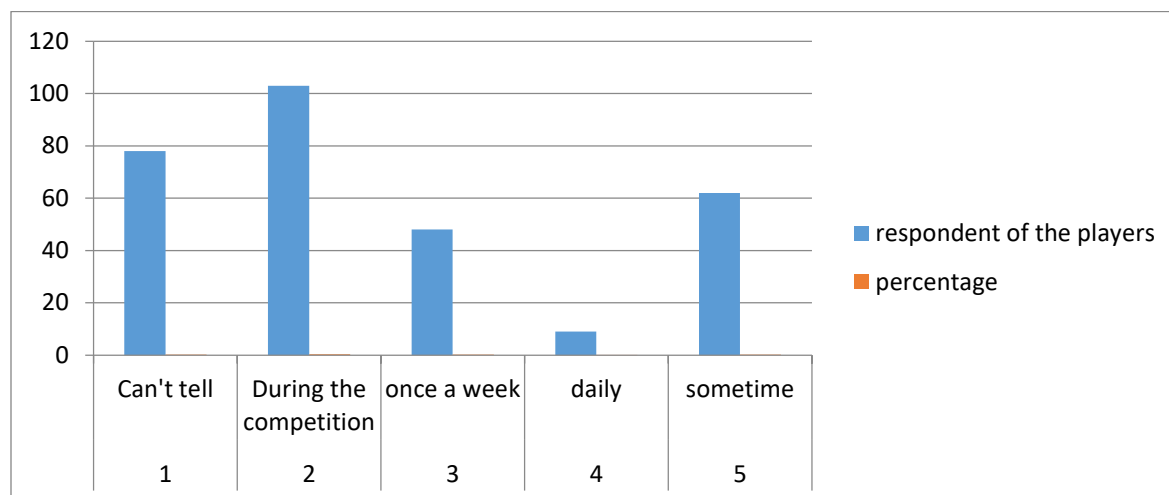
1. To study the facilities in the school
2. Studying competition participation
3. To study economic and social factors
4. To study the subject of physical education in secondary, higher secondary level.

## Research Methods:-

The researcher has used survey method as well as interview and observation technique. 300 children from 15 schools were selected as a sample of some selected secondary, higher secondary schools of Daund Taluka.

**A statement of players' opinions on the topic of stadium maintenance****Table No.1**

<b>Sr. No.</b>	<b>Details</b>	<b>Response of Players</b>	<b>Percentage</b>
1	Can't tell	78	26 %
2	During the competition	103	35 %
3	once a week	48	16 %
4	daily	09	03 %
5	sometime	62	20 %
		300	100 %

**Chart No.1****Analysis and interpretation:**

According to Table No. 1 and Graph No. 1, the opinion of a total of 300 players has been analyzed in the survey.

1. 78 sportsmen i.e. 26 percent of the respondents said that they could not say about the maintenance of the stadium.
2. 103 players i.e. 35 percent voted that the ground is maintained during the competition period.
3. 68 sportspersons expressed their opinion that the playground is maintained once a week, which is 16 percent of the respondents.
4. 09 players vote that the playground is maintained on a daily basis which is 3 percent.
5. 62% of the players expressed their opinion that the stadium is maintained at some point, which is 20%.

## Interpretation

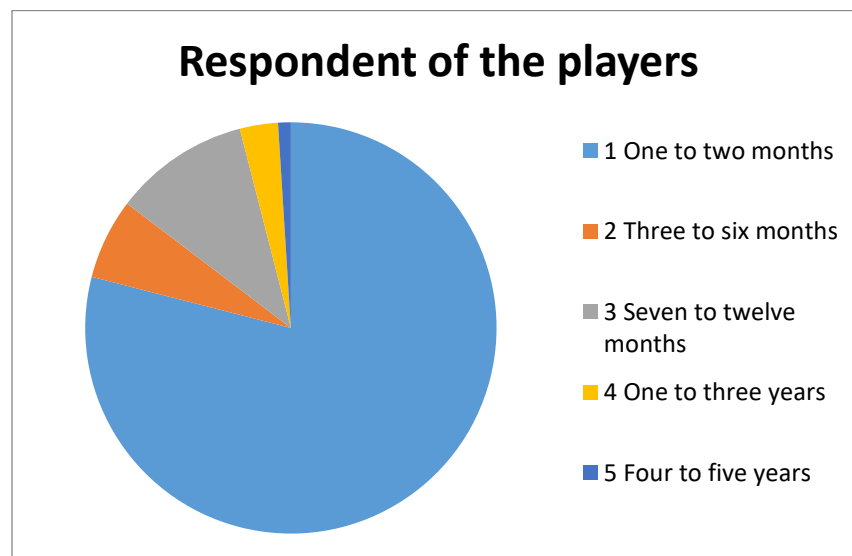
It is observed that 35 percent of the grounds are maintained during the tournament. About 16 percent of the cases are seen once a week. It is seen that 26 percent cannot be said. From this it can be said that there are a lot of problems regarding the maintenance of the grounds.

### A description of the athlete's views on competition practice.

**Table No.2**

Sr. No.	Details	Response of Players	Percentage
1	1 -2 months	237	79 %
2	3-6 months	19	07%
3	6 - 12 months	32	10%
4	1 -2 Years	09	03 %
5	4 -5 Years	03	1 %
		300	100%

**Chart No.2**



## Analysis and interpretation

According to Table No. 2 and Graph No. 02, the detailed analysis of the players' opinions about competition practice has been done.

1. 79% of the 267 players polled that the practice period is one to two months on the field.
2. 07 percent of the 19 players polled that the training period is three to six months on the field.
3. The training period is seven to twelve months when the players practice on the field and 32 players vote as a percentage of their votes showing 10 percent.

4. The period of training is one to three years when the players practice on the field. 09 players vote as percentage of their votes is shown as 03 percent.

5. The period of practice is four to five years when the players practice on the field. 03 players vote as a percentage of their votes.

### Interpretation

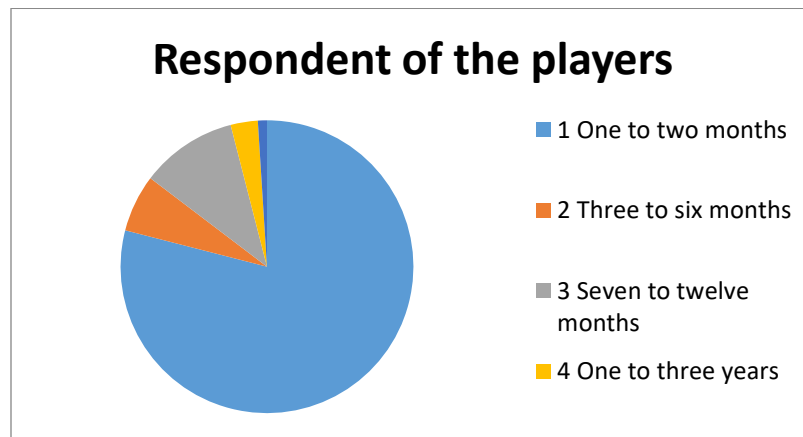
Athletes practice for one to two months for the competition. 89 percent of the athletes who vote can be seen from this, it can be said that there is no consistency in the practice of the athletes.

**Therefore, alternative performance and skill development is not seen.**

**Table No.3**

Sr. No.	Details	Response of Players
1	Material difficulty	01
2	Proper guidance	02
3	Good leadership	03
4	Lack of player coordination	04
5	Can't tell	05
6	Lack of physical ability	06

**Chart No.3**



### Analysis and interpretation

According to Table No. 03 and Graph No. 03, the problems faced by the players during practice have been analyzed

1. Athletes report first-rate feedback that they have difficulty with the material during practice.
2. It is evident from recording the opinion of the divine ranks that the players have proper guidance during practice.

3. The lack of proper leadership of the players during practice is reflected in the feedback from the third team.
4. Athletes rated lack of coordination during practice as the fourth-ranked difficulty.
5. A fifth appears to be of the opinion that players cannot tell during practice.
6. It appears that the sixth number is the lack of physical ability.

## Interpretation

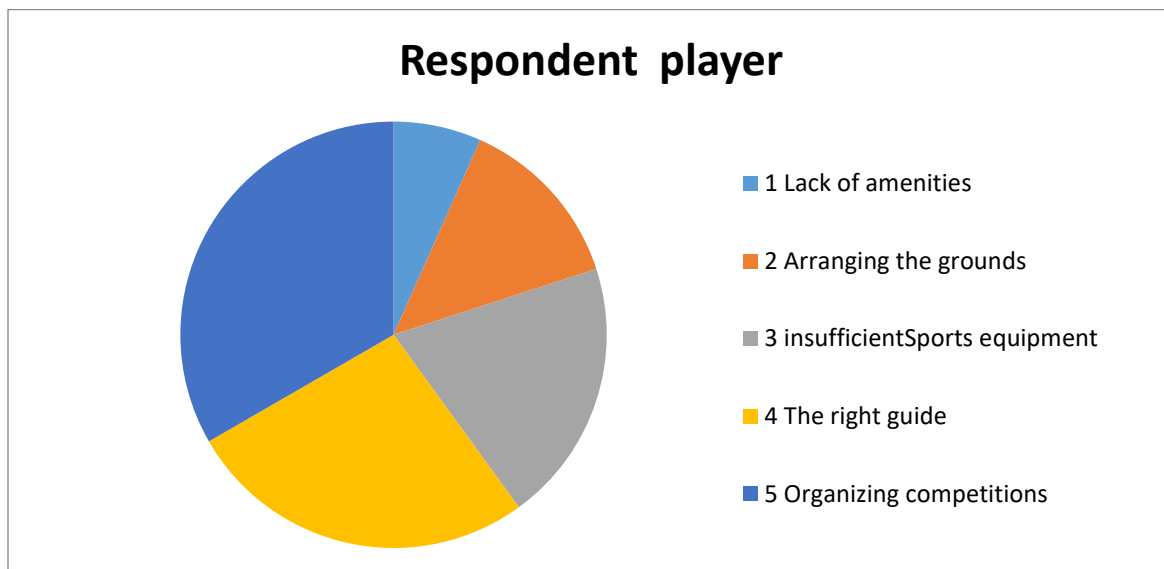
From this it can be said that among the players, the problems of proper guidance, proper leadership, lack of coordination among the players, lack of physical ability etc. are seen.

### Distribution of sportsmen's views on sports facilities and lack of facilities

**Table No.4**

Sr. No.	Details	Response of Players
1	Lack of amenities	01
2	Arranging the grounds	02
3	Inadequate sports equipment	03
4	The right guide	04
5	Organizing competitions	05

**Chart No.4**



## **Analysis and Interpretation**

According to Table No. 04 and Graph No. 4, the opinions of the players have been analyzed regarding the problems faced by the players regarding the facilities.

1. Lack of amenities is the number one problem that appears to be recorded.
2. Lack of proper arrangement of the ground is seen in the opinion polling that the problem is no
3. Inadequate sports equipment is seen as the second most pressing problem.
4. Absence of proper mentors is seen as the fourth ranked problem.
5. The fifth position is that competition organization is too low.

## **Interpretation**

This shows that lack of facilities, lack of field arrangements, inadequate materials, lack of proper guidance, lack of organization of competitions are the problems faced by the players.

## **Conclusion:**

1. 35 percent of the players reported that the field was maintained during the tournament, and 16 percent reported that the field was maintained once a week. With 26 percent of the players reporting that they could not speak about the maintenance of the field, it can be said that there is a huge problem with the field management and maintenance.
2. The fact that 79 percent of the athletes reported that the athletes spend two months preparing for the competition shows that there is a huge problem with the performance skills of the athletes when they participate in the competition with very little practice.
3. It is seen that the difficulty of preparing the players for the competition, lack of proper guidance, lack of proper leadership, lack of coordination among the players, insufficient materials, low performance of the players etc. are causing problems.
4. The players face various problems such as lack of facilities for the competition, lack of field arrangements, insufficient materials, lack of organization of the competition.

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